



**Dear Doctor,**

Medical Cannabis (MC) has been legal in Australia since 2016 and can be accessed through any Australian-registered Medical Doctor.

As the cannabinoids in Medical Cannabis are classified as restricted medicines (THC: Schedule 8 and CBD: Schedule 4) a registered Medical Practitioner needs to make an application to the TGA via the online portal.

### **Conditions**

The TGA are considering applications for **any chronic condition that have lasted 3 months or more and has not responded to conventional treatments**. To date the TGA have approved MC for a huge range of indications/conditions including but not limited to:

- Chronic pain
- Epilepsy
- Dystonia
- Chemotherapy induced nausea
- Multiple Sclerosis
- Insomnia
- Cancer Pain
- Fibromyalgia
- Parkinson's Disease
- Palliative Care
- Inflammatory Bowel Disease
- Autism
- Mental conditions such as PTSD, anxiety, depression and schizophrenia

*Note: The TGA has the authority to ask for additional clinical information for any case*

### **SAS Category B approval statistics**

Up to 31 December 2018, the TGA has approved a total of 2832 SAS Category B applications for unapproved MC products.

A breakdown of the number of SAS Category B approvals by month for the current calendar year can be viewed here: <https://www.tga.gov.au/access-medicinal-cannabis-products-1>

### **Referral**

We understand that MC prescription is still new to most doctors, and daunting for some to contemplate. If this is the case, you can refer your patients to CDA Clinic Doctors or our Doctor run TeleHealth service.

Please note, as your patients' regular doctor **you are required to provide a referral to specialists as part of your duty of care**. You are not being asked to endorse

medical cannabis in any way, you are simply validating your patients' condition(s) and allowing your patient to undertake a treatment that they believe will improve their own health.

Your referral for a patient's MC consultation helps us understand your patient's needs, and to look for P450 metabolized medications that can be affected by cannabinoids. We kindly ask that you include symptom or condition for treatment, other diagnoses or conditions, all current medications, and all past medications tried for the condition for treatment.

We have attached a referral template, or you can see our referral page here:  
<https://www.cdaclinics.com.au/referrals/>

**Please include the following with your referral:**

- 1) A request for MC treatment (template attached) including an "Indication" i.e. the symptom for treatment, e.g. chronic pain
- 2) Medical History/ Health Summary including:
  - Current medications and treatments
  - Previous unsuccessful medications and treatments

**How to Prescribe Yourself**

CDA Clinics is happy to train you and provide you with all the information that you need in order to prescribe MC. Please feel free to get in contact with us for a quick chat to see how we can help.

Kind regards,



**Dr Matua Jansen**  
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Cannabis Doctors Australia  
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## More Info

If you want to know more about MC please visit our website or follow us on FaceBook page. As a doctor I understand how busy you are and as such I post videos daily in easily consumable bite sized chunks of info. I have also added links below to my RACGP talk and other videos for some (hopefully entertaining) evening viewing.

Doctor Information Pack

<https://www.cdaclinics.com.au/wp-content/uploads/2019/01/CDA-Dr-Info-Pack-v9.0-1.pdf>

CDA (Cannabis Doctors Australia) Clinics

[www.CDAClinics.com.au](http://www.CDAClinics.com.au)

Facebook

[www.facebook.com/CDAClinics/](http://www.facebook.com/CDAClinics/)

Dr Ben (founder, educator, advocate) talking at the 2018 RACGP Conference

<https://www.youtube.com/watch?v=MBWi5xYh-Yw&t=68s>

TGA Guidance Documents for Prescribing MC

<https://www.tga.gov.au/medicinal-cannabis-guidance-documents>

TGA Online Portal

<https://sas.tga.gov.au/>

Clinical research

<https://www.cdaclinics.com.au/clinical-research/>

## DOCTOR REFERRAL FORM

### PATIENT DETAILS

*Patients, please complete the patient details section before providing to your doctor.*

Full Name:

DOB:

Phone:

Email:

Address:

### PRACTITIONER DETAILS

Practice Stamp:

Full name:

Phone:

Health Practitioner Type:

Provider Number:

Practice Address:

### REFERRAL DETAILS

Indication / Symptom to be treated with  
Medicinal Cannabis:

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Medical condition causing these symptoms:

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I hereby refer the above patient to a doctor/specialist  
at CDA Clinics for medical review and ongoing  
management.

Practitioner Signature:

Date:

Please tick all that apply:

Concerns with Medicinal Cannabis use in  
this patient \*if ticked, please specify:

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Patient has tried or is unable or is unwilling  
to use standard registered  
medications/treatments for this indication.

I have included the Patient's Health  
Summary (**required**) including past and current  
medical history; current and past medications.